

# POWER LIFT®

POWERFUL IDEAS FOR POWERFUL RESULTS

## "LEVER ACTION" BENCH

The "Lever Action" Bench is standard with all Power Lift Multi Racks and can be added into our other Power Lift racks. This bench includes our patented linkage system that adjusts seat angle when the back pad angle is adjusted. Six adjustable lifting angles on the back pad and seat add to the incline bench press workout and extended spotter's platforms help provide a natural position for spotting. A linear bearing slide adjustment provides frictionless seat adjustments with an easy to reach lever and thermo-cushion bench wheels protect any flooring surface.



### KEY FEATURES:

- Locks into Power Lift racks
- Fully adjustable when locked in
- Angles: 0, 15, 30, 45, 60 & 80 degrees
- Linkage system eliminates gap between back and seat
- Wheels and handle
- U.S. Patent #: 6,605,023
- Bench expands and contracts while locked into frame into one of 13 horizontal positions.
- Patented linkage system adjusts seat angle when back pad angle is adjusted, eliminating separate seat adjustment.
- The unique dual positive locking mechanism stabilizes back pad when adjustments are made to different pad angles.
- Bench has one locking position on spotter platforms that are connected to the lifting racks. These locking positions self-centers bench into rack.

### Overall Dimensions:

19" (H) x 33 1/4" (W) x 62" (Extended) x 43" (Retracted)  
150 lbs. (Approximate Weight)

### Warranty:

Lifetime conditional warranty on frame components. One year on bearings and 90 days on upholstery and items not specified.

### Part Number:

40077B

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